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In His Footsteps: I Gave My To Do List To God And Got More Done, More Sleep And Less Stress



Synopsis

"An inspiring, easy read with laugh out loud moments" It began as a prayer of desperation. It became the foundation for a life of abundant love, peace and joy. Overwhelmed with work, family and major life changes Margaret stumbled onto the secret of happiness for a Christian woman. She shares how with God by her side she became happy driving in rush hour traffic, dealing with frauds and facing a mountain of manure. This 18 month slice-of-life chronicles the results of the daily prayer that Changed relationships Created financial freedom Brought peace during trials Increased opportunities Renewed faltering faith Deepened joy Took her from an ordinary life of tiring details to a spirit filled one of open-hearted joy. A memoir of that first year. Margaret Agard is a wife, mother, former missionary and an award-winning writer whose latest book "In His Footsteps: How I Gave My To Do List To God and Got More Done, More Sleep and Less Stress" shares her fresh approach to daily prayer for women. Step-by-daily-step God changed both her life and her heart. Unlike most authors, Margaret shares the down-in-the-trenches experiences that come from turning a life over to God while earning a living and caring for family and friends. Written in an engaging and personal style that brings a wry wit to a life led by God. A memoir.

Book Information

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Customer Reviews

Ms. Agard writes honestly about her experiences, and seems genuinely intent on helping others lead more full-filling, God-focused lives. Unfortunately, her format and content don't quite pull off the intended goal. First, as other reviewers have mentioned, Ms. Agard is LDS, though this is never clearly stated in the book. As a result, the book is full of terminology and facts that come across as rather odd because the reader lacks the context to make sense of them, such as the "Sister" this and "Brother" that for everyone, the missions/missionary references, and the fact that their church owns a cannery. The book lacks any kind of organizing themes, often seeming to be little more than the author's short journal snippets for the day. That's not inherently bad, except that the constant topic jumping and seemingly random material in the entries does little to enlighten the reader to the supposed point of the book. While she certainly makes her point about focusing less on ourselves and our assumptions and more on serving others and looking to God in all things, about 90% of the book does not appear to have much to do with, let alone support, this theme. My only other comment is that if you read this, please do so with a grain of salt. There were several parts that set off alarm bells in my head. For example, after she explained to her husband that part of her privileges as the wife was to decorate as she saw fit and proceeded to do just that, despite his admonition that she not use certain things or put holes in the wall, I was expecting some kind of lesson or glance at the Bible verses about respecting one's husband and a reversal of that attitude, but neither came.

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